# **OXFORD HOUSE**

# GUIDELINES







# **OXFORD HOUSE GUIDELINES for MEN**

Each house is autonomous and operates in accordance with the Oxford House Model. Each house must adhere to the Oxford House Charter, Traditions and House Manual. No member is ever voted out of an Oxford House without cause:

1) Relapse 2) Non-payment of EES 3) Disruptive Behavior

Recovery comes first and principles come before personalities. Behavior modification should be addressed in the following order:

1) Warning 2) Contract 3) Expulsion

## **MEMBERS:**

- 1. Three (3) overnights per week. No more than 2 nights in a row.
- 2. 2:00 AM curfew
- 3. MANDATORY minimum of three (3) 12-Step meetings per week.
- 4. New Member restriction placed on every member behind on EES.

#### **GENERAL PRINCIPLES:**

- No active users or drinkers allowed on the property
- No narcotics are allowed in the house at any time. If you are on medications you must inform your house and keep it out of sight. A lockbox can be requested at the houses discretion.
- Laundry hours are set by your house, be respectful of your housemates.
- Be respectful of your housemates during the week, keep the noise down after 11pm

Any guideline or principle can be added, removed or altered by a majority vote in a house meeting.

If you feel these rules are to strict then possibly Oxford House is not for you. These rules are proven to work if followed. Changing the rules to fit your needs is doing things your way and by doing things your way life became very difficult. Why not try doing things the Oxford House way and see how simple life can be.

And remember...

## THERE ARE NO BOSSES IN OXFORD HOUSE.

You are just as important as anyone in the house and you have just as much of a say in the house decisions as anyone else. The best friend we can be to each other is to hold each other accountable and not allow old behavior. The rules are only good if they are enforced as a house.

*Member/Date	President/Date
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 $<sup>^</sup>st$ By signing, I agree that I have read the house rules, understand them completely, and agree to follow them.



# **OXFORD HOUSE GUIDELINES for WOMEN**

Each house is autonomous and operates in accordance with the Oxford House Model. Each house must adhere to the Oxford House Charter, Traditions and House Manual. No member is ever voted out of an Oxford House without cause:

1) Relapse 2) Non-payment of EES 3) Disruptive Behavior

Recovery comes first and principles come before personalities. Behavior modification should be addressed in the following order:

1) Warning 2) Contract 3) Expulsion

#### **MEMBERS:**

- 1. Three (3) overnights per week. No more than 2 nights in a row. NO MALE OVERNIGHT GUESTS
- 2. 2:00 AM curfew
- 3. MANDATORY minimum of three (3) 12-Step meetings per week.
- 4. New Member restriction placed on every member behind on EES.

#### **GENERAL PRINCIPLES:**

- No active users or drinkers allowed on the property
- No narcotics are allowed in the house at any time. If you are on medications you must inform your house and keep it out of sight. A lockbox can be requested at the houses discretion.
- Laundry hours are set by your house be respectful of your housemates.
- Be respectful of your housemates during the week, keep the noise down after 11pm

Any guideline or principle can be added, removed or altered by a majority vote in a house meeting.

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Member/Date	President/Date
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<sup>\*</sup>By signing, I agree that I have read the house rules, understand them completely, and agree to follow them.



# **PROBATION GUIDELINES:**

During your first thirty (30) days of residency we want a chance to get to know you and want you to get a chance to become familiar and comfortable with the way this Oxford House runs and have the opportunity to get to know the current residents. We will be strict during these first thirty (30) days, but that is why you are here: to learn a new way of living.

The following guidelines apply to this time of restriction:

- Curfew:
  - o Sunday Thursday: 11pm
  - o Friday Saturday: 12am
- Meetings: 5 per week and a signed meeting sheet
- NO overnight Guests
- NO overnights stays outside of the house
- Guest are welcome when at least 1 other member is home and must leave by your curfew
- NO phone calls on the house phone before 7am or after 10pm
- Weekly house meeting is MANDATORY. Excused absences are work, IOP and Oxford House functions; the house must be notified 1 day in advance of the meeting. Missing house meetings is cause to be expelled from the house.
- You MUST find a job within 2 weeks of moving into the house.
- You MUST find a sponsor within 2 weeks of moving into the house
- Chapter meetings are MANDATORY for your first 3 months, you must attend 3 meetings; A \$50 fine will incur if you miss a Chapter meeting.

## **RENT:**

E.E.S. (Equal Expenses Shared) is determined by your Oxford House; members must pay one week in advance.

Upon arrival to the house, a NON-REFUNDABLE deposit plus one week EES is due. You must be at a zero balance in order to be voted off probation **STAY CURRENT!** 

EES is due by 10pm on Saturday, every week. <u>MONEY ORDERS ONLY.</u> Money Orders are to be made payable to your house and "For Deposit Only" is to be written on the back, they are to be placed in your houses lockbox. <u>NO CASH ACCEPTED!</u>

Upon completion of probationary contract, members will be reevaluated in a House Meeting and voted in as permanent members of your Oxford House.

ANY MEMBER WHO DOES NOT FULLFILL THE 30 DAY CONTRACT, WILL EITHER BE PUT ON EXTENDED PROBATION OR THEIR MEMBERSHIP IN THE HOUSE WILL BE VOTED ON IN A HOUSE MEETING.

New Member Signature/Date	House Member Signature/Date